

Message Summary: We are ALL leaders yet how we choose to navigate through pain is what sets us apart or allows us to grow and mature. Today's culture generally tries to mitigate pain and make life the most comfortable with the least amount of risk. However tough problems in our life may be, without pain there is no gain.

“No Pain No Gain”

3 Types of Leadership Pain

1. Personal Pain
2. Self Inflicted Pain
3. External Pain

3 Keys to getting the Gains

1. Acknowledge the problem (3min)
2. Diagnose the problem (6min)
3. Fix The problem

Life Group Questions

Begin It (5 min) Time spent in praise and opening prayer.

Open It (10 min) What would you say was one of your most painful injuries? Everyone always likes hearing a good battle scar story;-)

Explore It (60 min) Review Sunday's sermon outline together. Stop at each point allowing people to share their additional comments or notes taken while listening to the sermon.

Now answer these questions:

1. What pain points are you experiencing personally or organizationally?
(Acknowledge)
2. What is the root cause of the pain (Diagnose)
3. What can you do now to resolve the problem beneath the pain? (Fix)

Apply It (15 min) Spend some time asking the Lord what He thinks about each question and how it pertains to your life. Write down what He says.