

**Series: *The Holy Spirit and You*, part 4**

**Message Summary:** As we finish this series on The Holy Spirit and You, let me ask you a question. Who do you want leading your life forward from this moment on? Do you want your human flesh being the dominant influencer of your life OR do you want the Holy Spirit to be the greatest influence? You have a choice. God is giving you a choice by putting the Holy Spirit in you. We simply can't will ourselves to be like Jesus. We must be transformed from the inside out. I want to give you a greater understanding how you can cooperate with the Holy Spirit's work in your life.

## **The Holy Spirit and Our Life Change**

- 1. The Holy Spirit imparts a new nature to us. 2 Corinthians 5:17**
  - A. We do not have two competing dual natures. Romans 6:6-7**
  - B. Our new nature gives us the power to choose. Ephesians 4:22-24**
  
- 2. The struggle we feel is with our flesh. Galatians 5:17**
  - A. The flesh is incurable and unchanged.**
  - B. Believers can choose to live after the flesh or the spirit.**
  
- 3. There are negative consequences for letting the flesh dominate our lives. Galatians 6:7-8**
  
- 4. How do we cooperate with the Holy Spirit's work?**
  - A. Surrender your will to God. Romans 12:1**
  - B. Change your thinking – Identity. Romans 12:2**
  - C. Training with good habits. 1 Corinthians 9:26-27**
  
- 5. What are the results of the sanctifying work of the Spirit?**
  - Our lives look like Jesus.
  - A greater spiritual awareness of your communion with God.
  - Spiritual power.
  - Life fulfillment.
  - Increased influence for the Kingdom of God.
  - God's Blessing > Obedience = Blessing.

**Group QUESTIONS: *LifeGroup on Spring Break until April 8<sup>th</sup>***

**EXPLORE IT-** (60min) Read the following questions about Sunday's sermon and allow the group to share their notes and comments:

1. The Holy Spirit is working to transform our lives. This process is called sanctification. Discuss the tension we feel internally between the pull of the Holy Spirit and our fallen fleshly desires. Why does this feel like a battle sometimes?
2. How does the Holy Spirit give us the power to choose between the flesh and Spirit? Can any of you give examples from your own life how this has worked for you?
3. What are some of the negative consequences for allowing the flesh to dominate our lives as believers?
4. How do we cooperate with the Holy Spirit's sanctifying work? Discuss the three ways that were given. You may also explore additional ways.
5. What are the results of letting the Holy Spirit transform us? Talk about the list that was given and how you have experienced these results.

**APPLY IT-** (15min) Finish by talking about the challenge of Deuteronomy 30:19-20. How can we make sure we are always choosing the pathway of life?