

Message Summary: Insecurities can creep up on us at any moment. Because it is an emotion, we can suffer from insecurity at some time or another. Taking many forms, insecurities often leave us dependent on external validation like praise, promotions, or admiration. So where does our self-esteem come from and how do we build positive self-worth?

Formed by God Jeremiah 1:5

1. You Are a Product of God

2. You Are the Delight of God

3. You Are Purposed by God

LifeGroup QUESTIONS:

BEGIN IT (5 min) Praising time & opening prayer.

OPEN IT- (10min) Discuss the types of emotions you might have when feeling insecure.

EXPLORE IT- (60min) Using your sermon notes and outline, answering the following questions:

1. Does God's word to Jeremiah apply to you? Do you believe it?
2. What do you currently do when feeling insecure? What would you change moving forward?
3. Would memorizing Jeremiah 1:5 bring comfort to you when feeling insecure? What other scriptures come to mind when you need God's assurance?

APPLY IT (15 min)- What can others around you do for you when you're feeling insecure? How would you react otherwise?