

Hope Chapel - "2022 Easter Season Series"

Message Summary: Everyone must overcome fears throughout their entire lives. Fears can be paralyzing, even debilitating. Therefore, learning how to overcome fear is a very essential life skill. BUT...some fears are common to us all. Today I share 3 fears that are almost universal. We may not live with these fears every day, but at some point in our lives, we will face them. At some point, we will all have to face and overcome these three fears. What are they you're asking?

Eliminating Paralyzing Fear

1. Three common fears all people experience

- A. The fear of provision** (Will I have enough?) - Matthew 6:31-32
- B. The fear of the future** (Is the future going to get worse? The unknown) - Jeremiah 10:2
- C. The fear of death** - Hebrews 2:15

2. Jesus is the answer to eliminating paralyzing fear

- A. Experience Jesus as your Provider** - Matthew 6:33
- B. Experience Jesus as the One who holds the future** - Isaiah 46:10
- C. Experience and trust Jesus as the resurrection and the Life** - John 11:25-26

LifeGroup QUESTIONS: *LifeGroup Signups are today*

BEGIN IT (5 min) Praising time & opening prayer.

OPEN IT- (10min) Discuss just how much fear can influence people's daily life.

EXPLORE IT- (60min) Using your sermon notes and outline, answering the following questions:

1. Spend some time discussing your own experiences with these three fears. How do we see what is taking place in our own country and on the world stage creating fear?
2. How does our relationship with Jesus help us overcome our fear of provision? How have you experienced this?
3. How does our relationship with Jesus help us overcome our fear of the future? How have you experienced this?
4. How does our relationship with Jesus help us not be afraid of death? Discuss what we have to look forward to in eternity.

APPLY IT (15 min)- How will you trust Jesus more so you will have less fear daily?