

**Hope Chapel Sunday Series - Continues**

**MESSAGE SUMMARY:** Our series brings us to talk about our fear of the future. It is one of the most common fears we all face. In today's world, the future feels more uncertain than at any other time before. COVID has created so many uncertainties in all areas of humanity. The fear of the future can often put our hope and our trust in what only humanity can provide. We all long to know things about the future, but only One holds the future. Only One knows the future. Only One controls the future.

## **Courage to Face Our Fears**

# **Our Fear of the Future**

### **1. Learn to trust in the Sovereignty of God Psalm 71:5**

**A. God is in complete control over His creation Isaiah 40:26**

**B. God is working everything out according to His plan Ephesians 1:10-11**

**C. Grow in your understanding of God Jeremiah 9:23-24**

### **2. Do not put your trust in humanity Jeremiah 17:5-7**

**A. Humanity is sinful and broken Jeremiah 17:9**

**B. Humanity is powerless to predict the future Ecclesiastes 10:13-14**

**C. Humanity is temporary Isaiah 2:22**

### **3. Let God transform you Romans 12:2**

**A. Limit your exposure to negative influences Colossians 2:8**

## **B. Increase your exposure for transformation**

- o God's truth
- o God's people
- o God's way

### **LifeGroup Discussion Questions:**

**Begin It (5min)** – Open Prayer & Praise

**Open it (10min)** – Take turns listing some of the fears people might be having regarding the future?

#### **Explore It (60min) - Discussion Questions:**

1. What are some of your fears regarding the future? How heavy to do are some of these fears weigh on your heart and mind?
2. How can we grow in trusting the sovereignty of God? Is this something that is difficult for you? Discuss why.
3. Why does God tell us not to put our trust in humanity? What is God's assessment of humanity? Why would trusting in humanity increase fear?
4. How do we let God transform us? Is it difficult to take the 30 day challenge to not watch the News Media? Why / why not?
5. Discuss how God's truth – God's people – and God's way makes a difference overcoming the fear of the future.

**Apply It (15min):** Discuss a current event in your life that may cause fear. How can trusting in God's sovereignty make a difference?