Message Summary: If we are going to grow the character quality of integrity, we have to grow in being truthful. We live in a day where truth is in short supply. We don't get truth from the media. We don't get truth from politicians. The entire COVID journey hasn't been very truthful. The narrative is constantly changing. We are living in an age where we have abandoned any semblance of integrity. Integrity is no longer a valued commodity. This is tragic because without people valuing the character quality of integrity, the consequences are catastrophic. The followers of Jesus must be sold out to integrity. We'll discover steps that can move us in this direction.

## Be Truthful to be Useful

1. Make a commitment to objective truth. Psalm $86: 11$; John 17:17
2. Be truthful with yourself. Psalm 139:23-24
3. Be truthful with others. Ephesians $4: 15$

## A. We tell the truth.

## B. We admit when we do not know something.

## C. We admit when we are wrong.

D. If we say we'll do something, we follow through.

## E. I'm willing to be emotionally honest.

## LifeGroup Questions:

BEGIN IT- (5 min) Praise song \& opening prayer.
OPEN IT - (10 min) What have been the consequences in our culture from moving away from objective truth and embracing truth being relative?
EXPLORE IT- ( 60 min ) Review Sunday's sermon outline together and add addition notes people made about the message.

1. How has the belief in God's word being your objective standard benefitted your life?
2. Describe how we can allow our feelings to determine truth? Why is this so dangerous?
3. How can we grow in being more truthful with ourselves? What is the danger in not being truthful with ourselves?
4. There were five ways we can be truthful with others. Discuss each one and share your struggles with being truthful at times.
APPLY IT- ( 15 min ) How can you grow in your integrity?
Pastor Paul Harmon
