

Hope Chapel Series – “Gather Together from Isolation” Part 2

Message Summary: We're going to look at a fear many people have and that is a fear of gathering with other people. For some, this fear is as traumatizing like jumping off a high dive platform into a pool. It's seems crazy we would fear being with people, especially with Christian people. The gathering together with Christians is something we need so desperately, but there are some good reasons we fear this. Today we understand why and how to overcome it.

Overcoming the Fear of Gathering Together

- 1. Understand why we fear gathering together** Proverbs 2:2-3;
Proverbs 3:13

- 2. Recognize what social corner you're in** Psalm 139:23-24
 - A. Recognize your denial to gather with others** Proverbs 18:1
 - B. Listen to others is crucial to moving forward** Proverbs 15:32

- 3. Take practical steps to overcoming fear of gathering together**
 - A. Think correctly about your need for others** 2 Corinthians 10:5
 - B. Keep talking with God about your fears** Philippians 4:6
 - C. Get in the right environment for real benefits** Hebrews 10:24-25
 - D. Practice being real once again** Romans 12:9
 - E. Give it time as you trust the Lord** Hebrews 10:35
 - F. Don't quit** Hebrews 10:36

DISCUSSION QUESTIONS – All LifeGroups are on Holiday Break / Starting up again January 24th

Begin It (5min) – Open Prayer & Praise

Open it (10min) – What are some of your earlier memories of being “real” and it resulted in being wounded? What conclusions did you draw from this experience?

Explore It (60min) - Discussion Questions:

1. How have your painful experiences with others effected your ability to experience real connection with other people?
2. Of the four corners of connection discussed, which one (s) do you spend the most time in? Why?
3. Are you ready to face your fears of gathering together with other people? Why/Why not?

Apply It (15min): Discuss the 6 steps we can take to begin overcoming our fear of gathering together with others. Which ones are you ready to take? Which ones still seem too risky?