

Message Summary: There is tremendous power in choosing gratitude. Being thankful is a Kingdom of God attitude and behavior that creates a supernatural ripple effect. If you choose to throw thankfulness into your life and circumstances, it will create ripples of influence you will be amazed at. My circumstances always change. God never changes. My circumstances are not always good. BUT, God is always good. There's no power in complaining. Complaining is just a fleshly response to problems and adversity. BUT...where there is gratitude, there is power!

Growing a Grateful “Hot Spot” in Your Heart

1. Gratitude is God’s will for your life. 1 Thessalonians 5:18

A. Learning to be thankful is not an optional quality. Colossians 3:15

B. The foundation of thankfulness is God not circumstances. Psalm 106:1

2. Gratitude is a choice not an emotion.

A. Choose to be thankful. Psalm 50:14

B. Sometimes being thankful is a sacrifice. Psalm 107:22

3. Gratitude makes us a witness to others.

A. When we complain we damage our witness to the world. Philippians 2:14-15

B. When we are thankful, we stand out like lights in a dark world.

4. Gratitude effects what we experience with God.

A. Complaining invites God’s loving correction. James 5:9

B. Thankfulness invites God’s loving blessing. Psalm 50:23

• **Assignment:** 21-days of gratitude challenge. (Nov.5 to Nov.25 – Express gratitude for a different item each day.)

LifeGroup Questions:

BEGIN IT- (5min) Praise & pray that God leads the study.

OPEN IT – (10min) Discuss the challenge of maintaining an attitude of gratitude in this negative world we live in.

EXPLORE IT- (60min) Review Sunday's sermon outline and add addition notes people made about the message.

1. Why is our gratitude anchored in Who God is?
2. How is gratitude a choice not an emotion? How do we make this choice?
3. How does our attitude influence our witness for Jesus in this world?
4. How does gratitude influence what I experience with God? How do we see this example through the experiences of Israel?

APPLY IT- (15min) How are you going to embrace the 21 days of gratitude challenge? (Nov.5 to Nov.25 – Express gratitude for a different item each day.)